

Instructions for “Deny Yourself” Bible Discussion Interactive Illustration

This exercise uses 3 word combinations made up of 12 letters and punctuation. So, ideally, 12 participants will be needed. If that is not possible, you can substitute the following sentences with something else that uses fewer letters, and fewer participants. The sentences included are:

J E S U S I S L O R D !
D E N Y Y O U R S E L F
I S N T T H I S F U N ?

Materials Needed:

1. Video camera
2. Ability to play back video on a TV or monitor as soon as the video footage is taken.
3. Printer
4. Pen or Marker
5. 12 post it notes
6. 12 paperclips

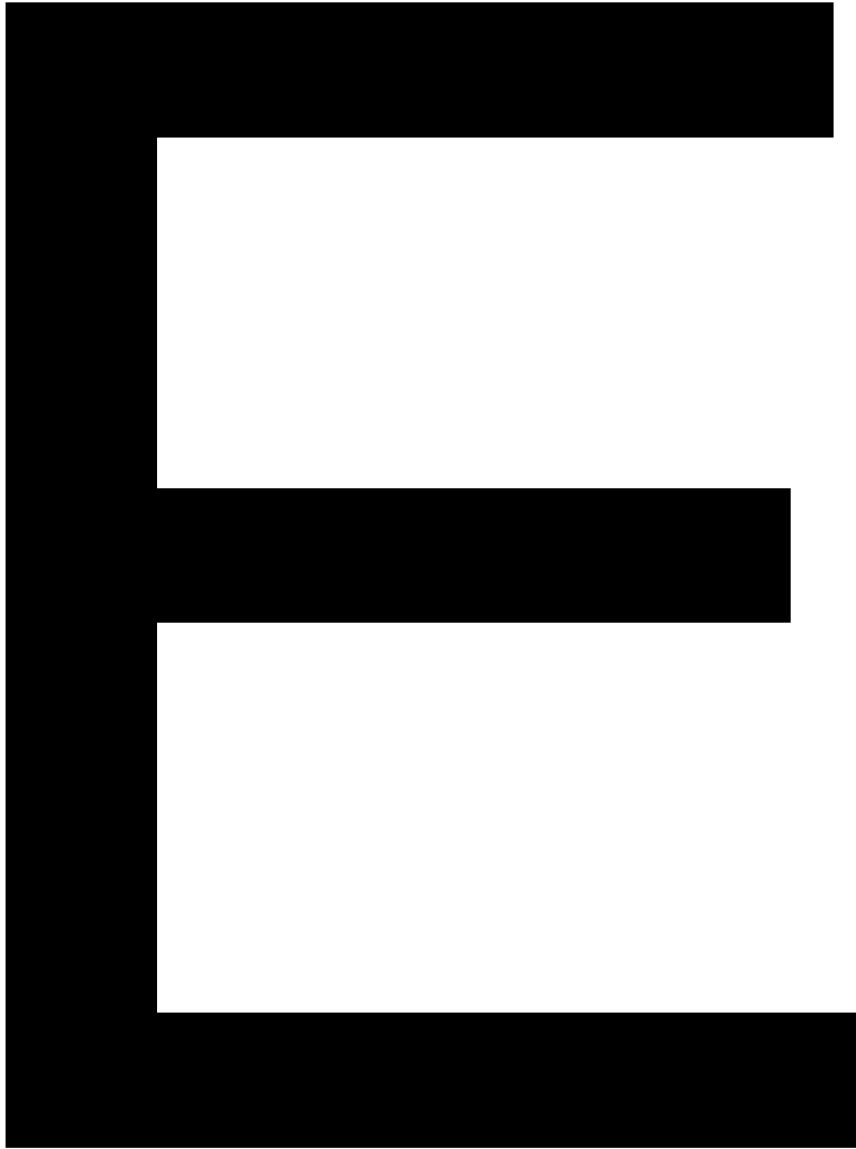
Preparation:

1. Print out the following sheets – with one letter per sheet.
2. Spread each sentence out on the floor, one above the other. It is important to keep the order together.
3. On the backs of each page of the first sentence, write a ‘1’ in the lower right corner
4. On the backs of each page of the second sentence, write a ‘2’ in the lower right corner
5. On the backs of each page of the first sentence, write a ‘3’ in the lower right corner
6. Assemble the first letter from each sentence together in random order, paper-clip them together and put a post-it note on the front with a #1 on it. Then take the 2nd letter from each sentence and assemble it randomly, clip them together and put a post-it not with #2 on it. Do this for all the rest. At the end you should have 12 groups of 3 sheets each, each with a post-it indicating it’s order in the sentence.

Starting the Exercise:

1. Have all 12 participants standing shoulder to shoulder in full frame of the camera’s view.
2. Hand out the letter bundles in order, removing the post-it notes as you do.
3. Start the video camera, making sure that everyone’s letters are visible in the frame.
4. Begin the exercise, starting by allowing everyone to hold up a random sheet, changing to another random sheet, and again. At this point explain that this is what it would be like if everyone acted only in their self interest. (No one should see what anyone else is showing – this will become apparent when the video is watched)
5. Lastly, have everyone sort the sheets by the numbers written on the backs and then show them in order, showing the #1’s first, #2’s and then #3’s. Explain that this is what it would be like to follow Jesus; to obey the Scriptures
6. Stop the video, and watch it together on a television.
7. Explain that when we act only in our own interests, we get ‘noise’ or nonsense. But when we follow God, we become part of something bigger, that quite possibly we don’t always see or even understand. Allow the group to discuss what they’ve learned.

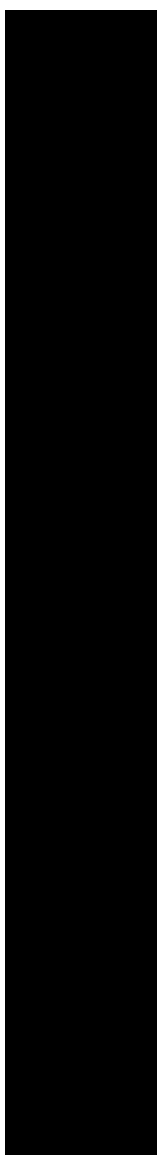
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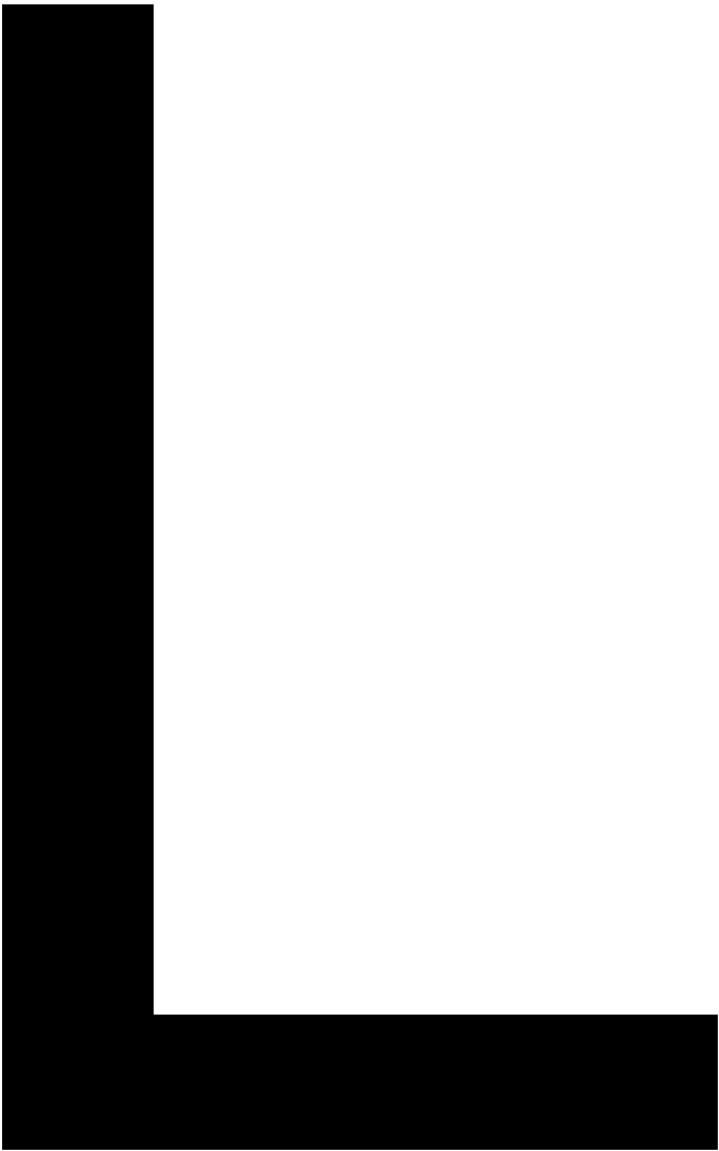
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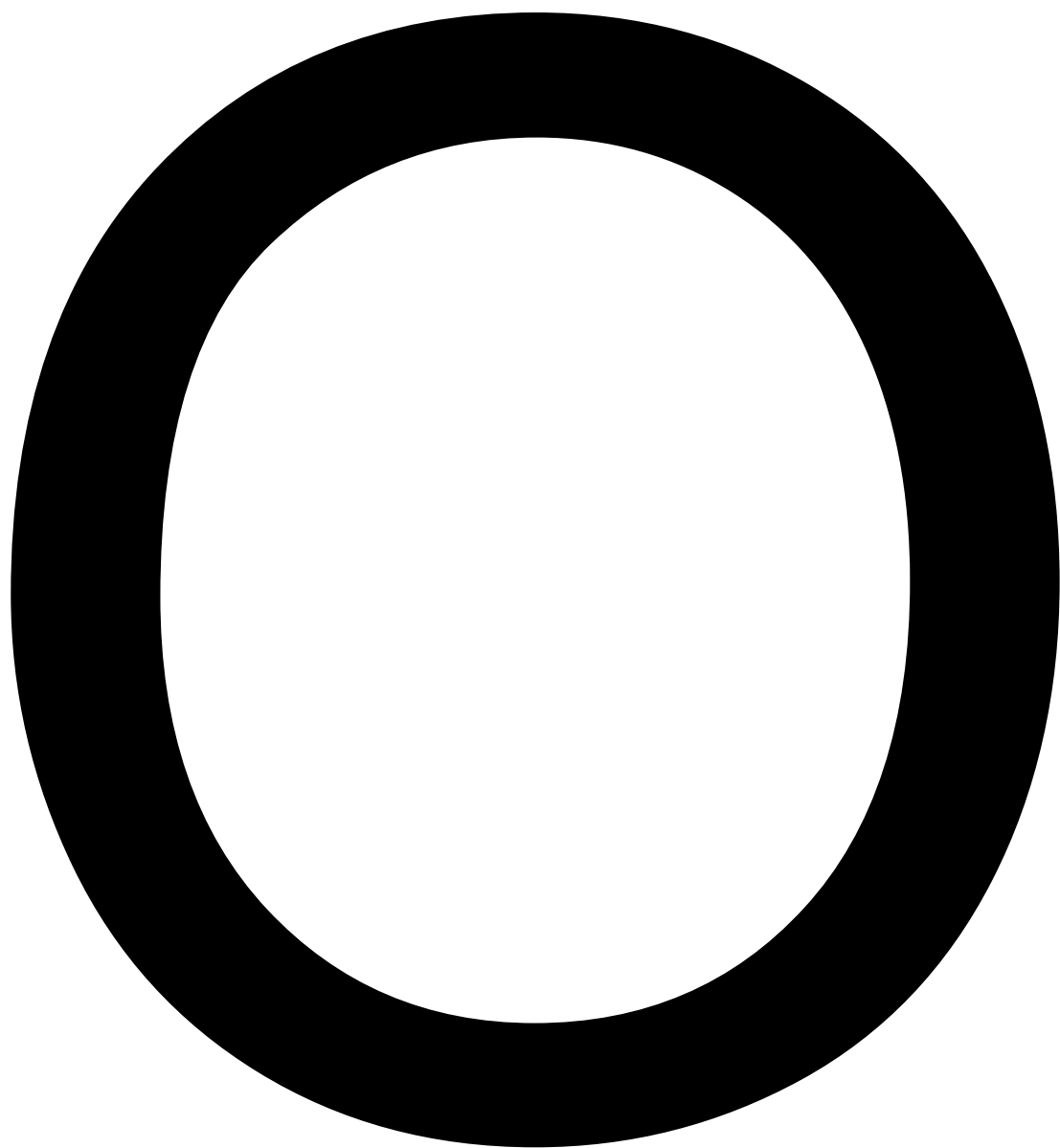
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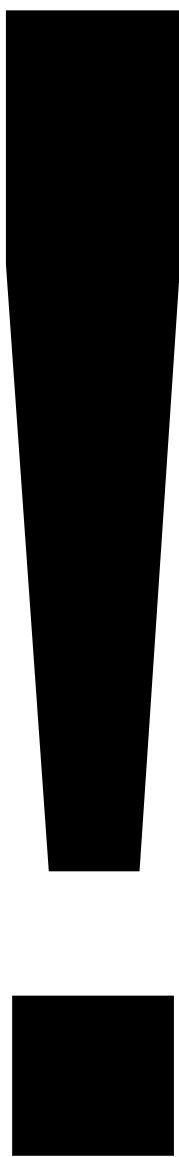
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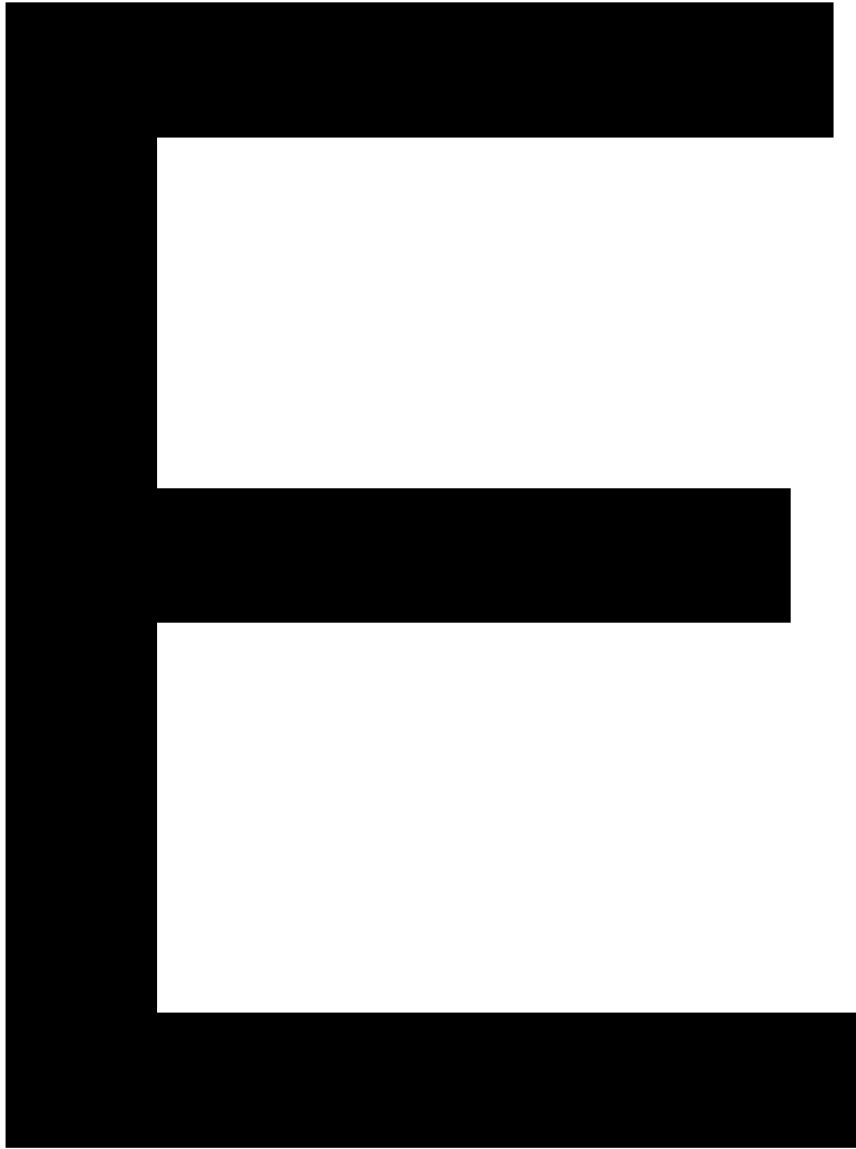


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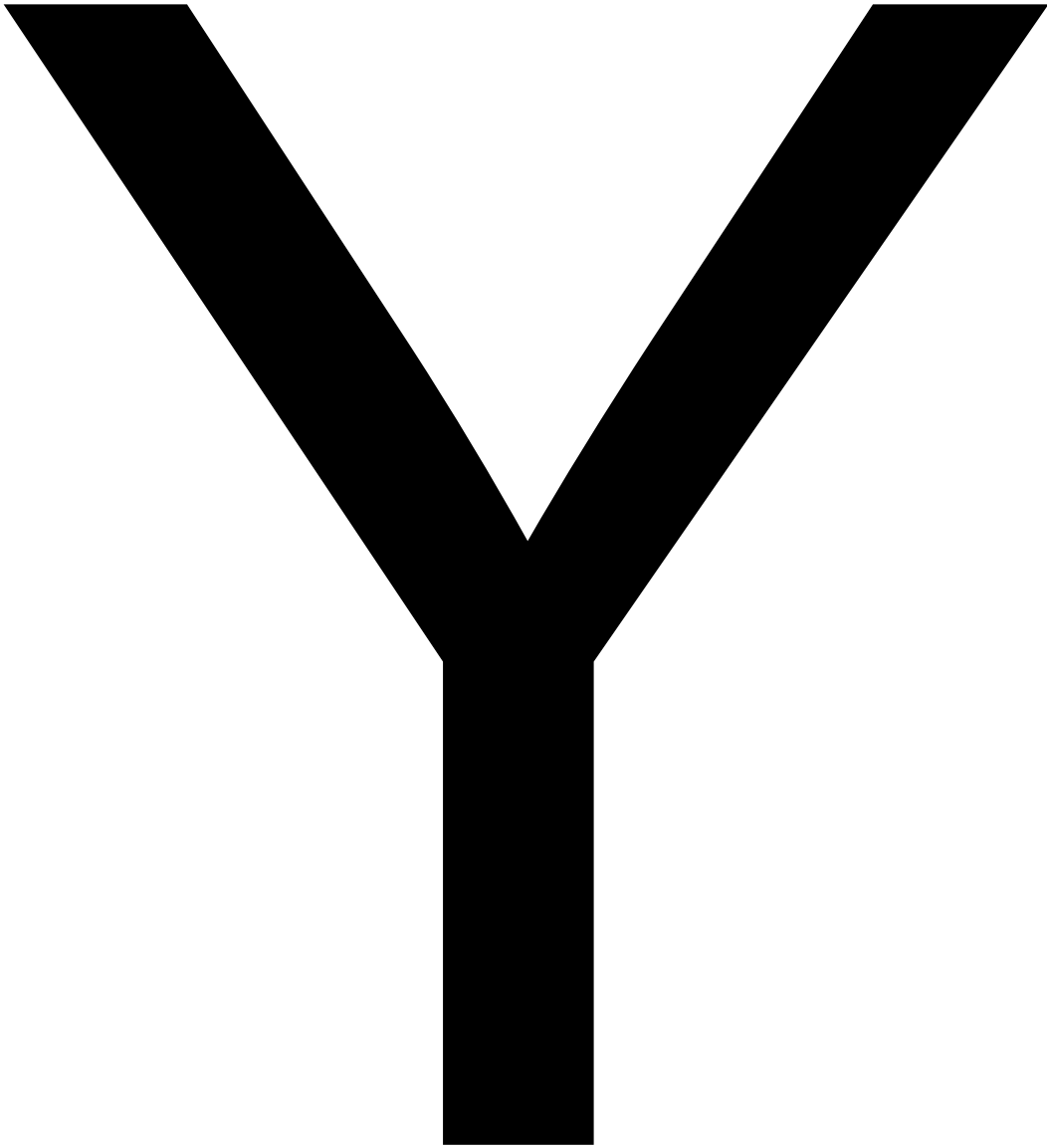
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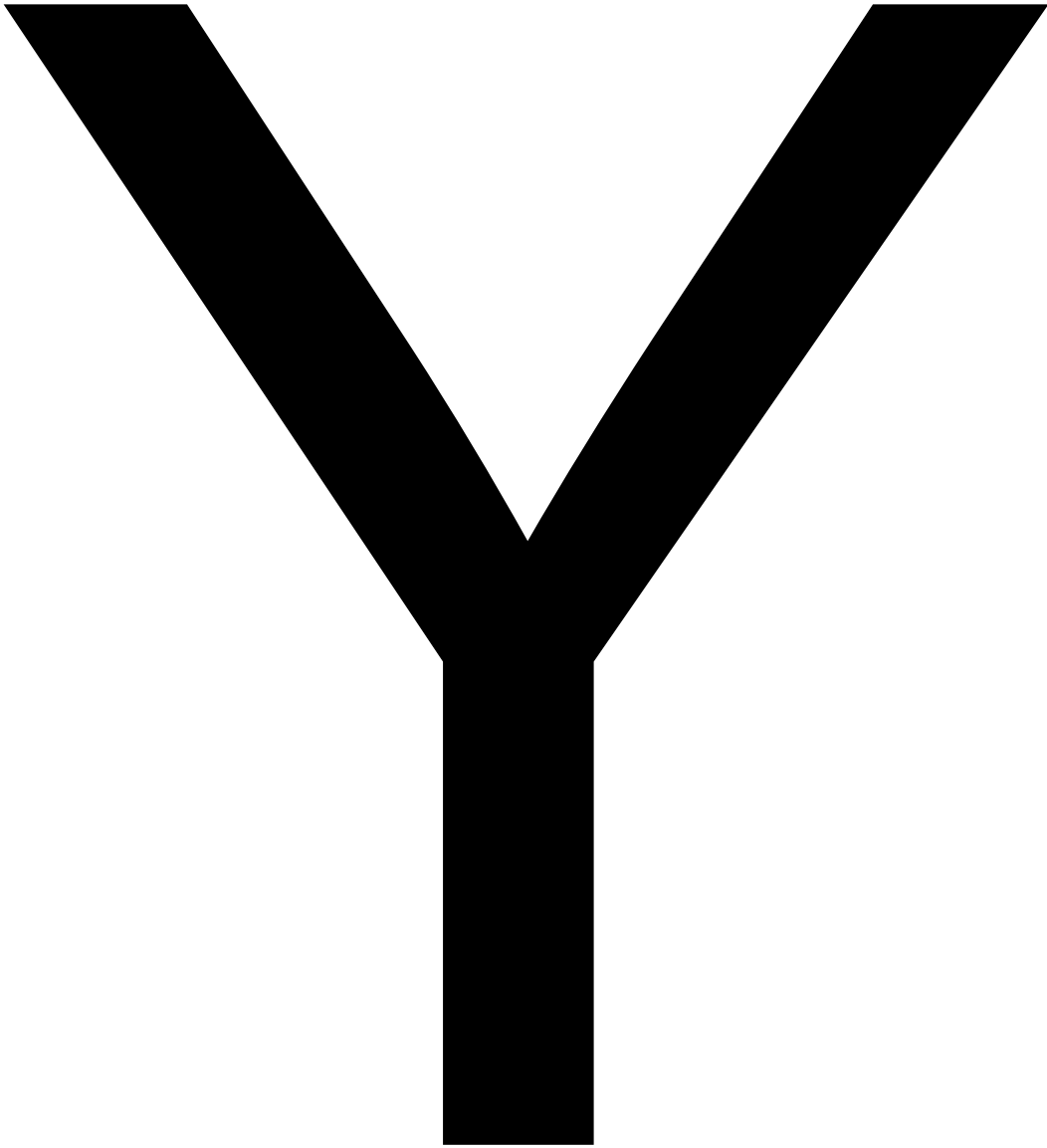


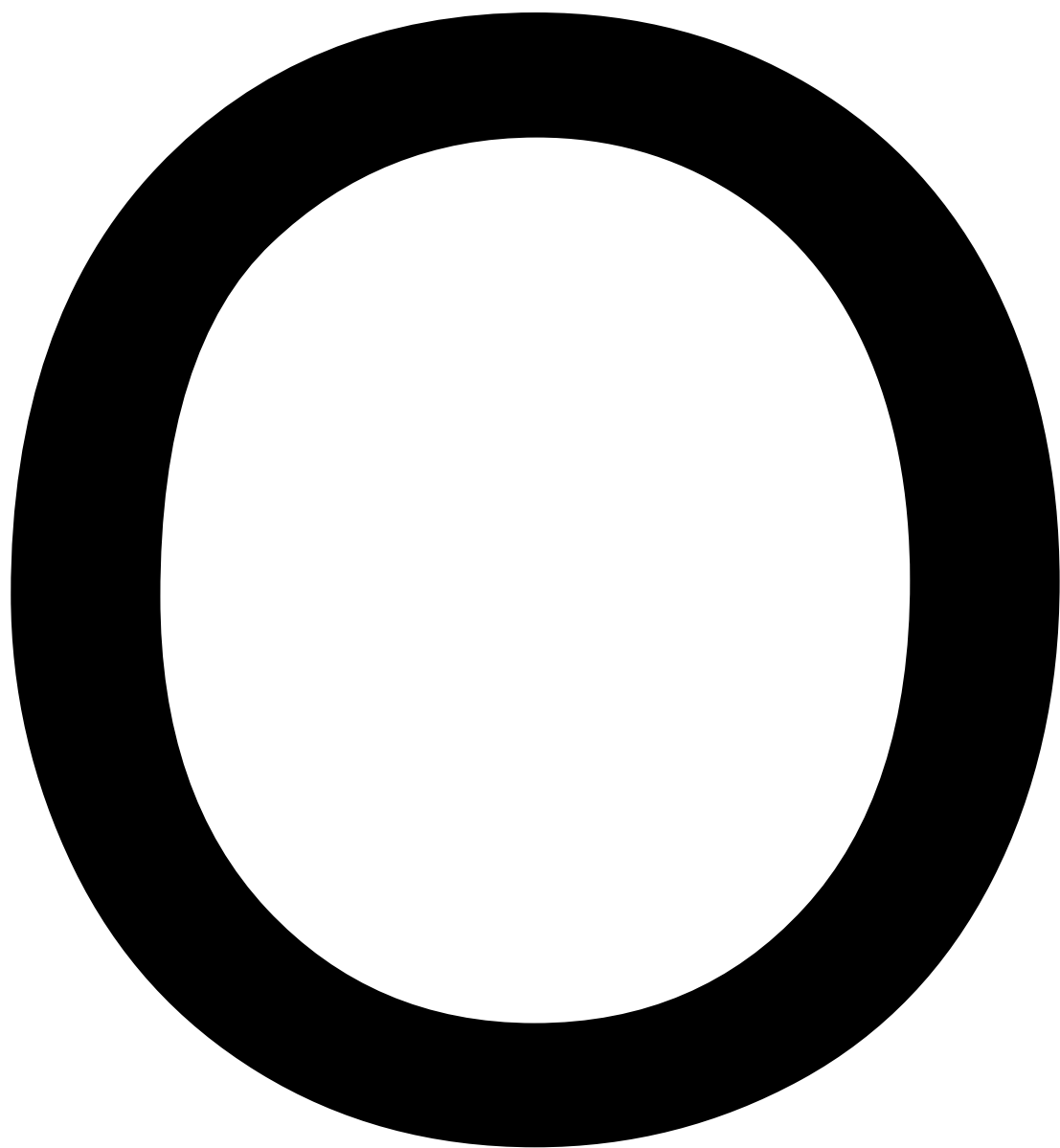
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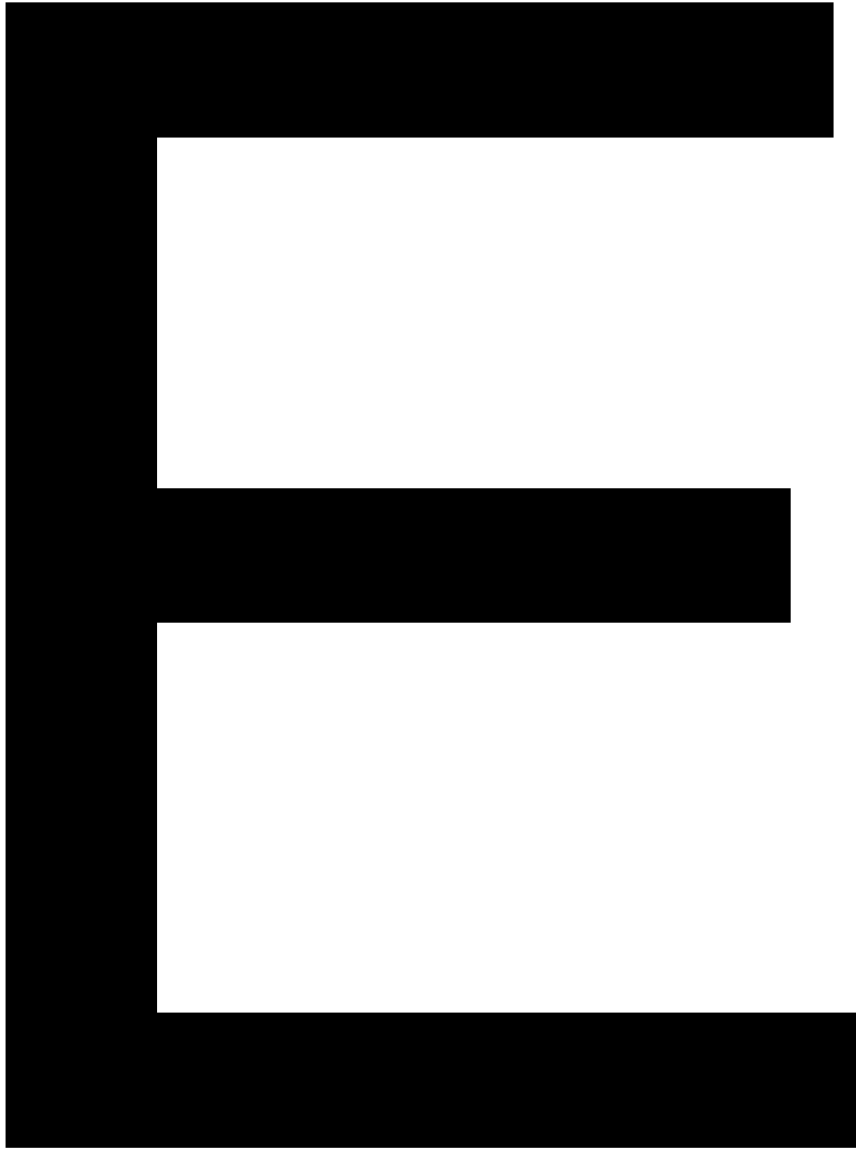


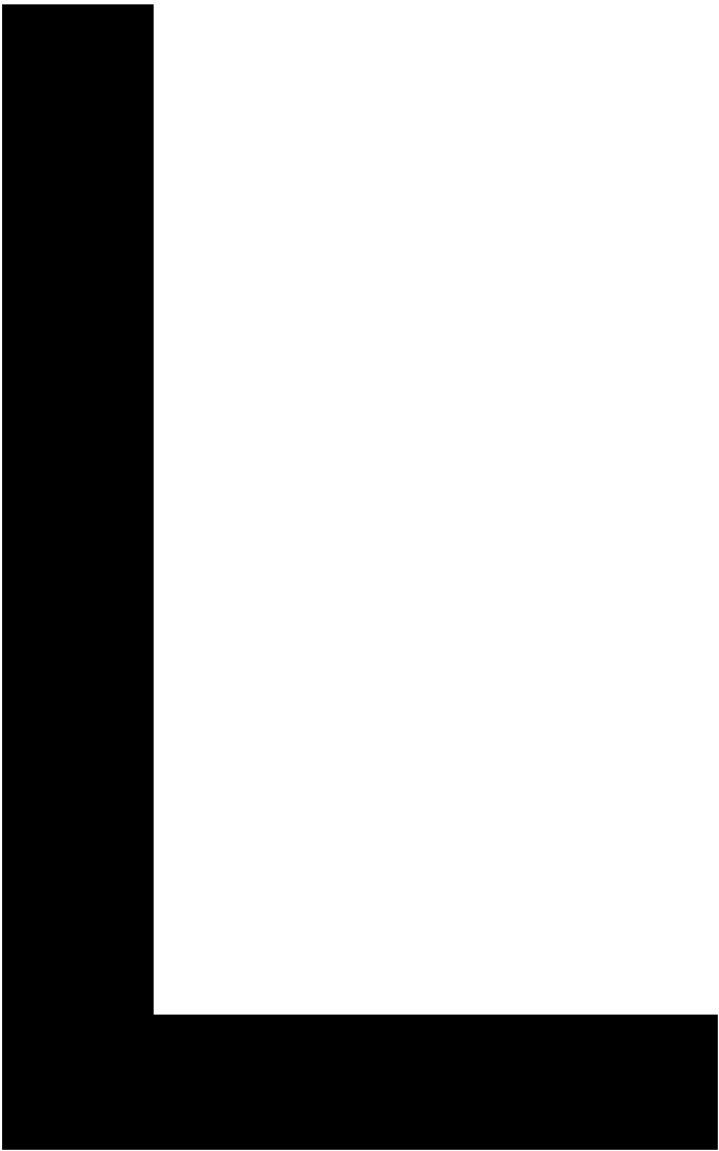


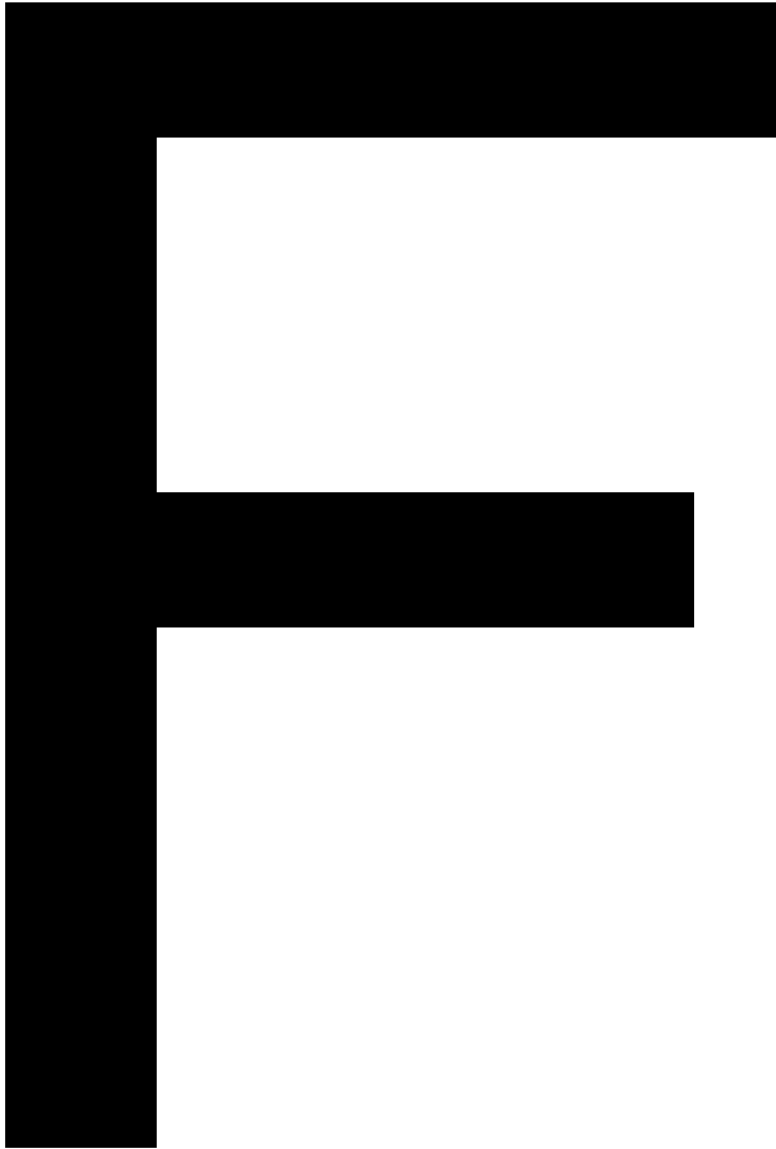
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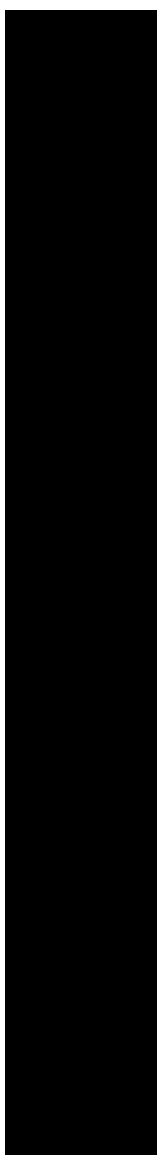
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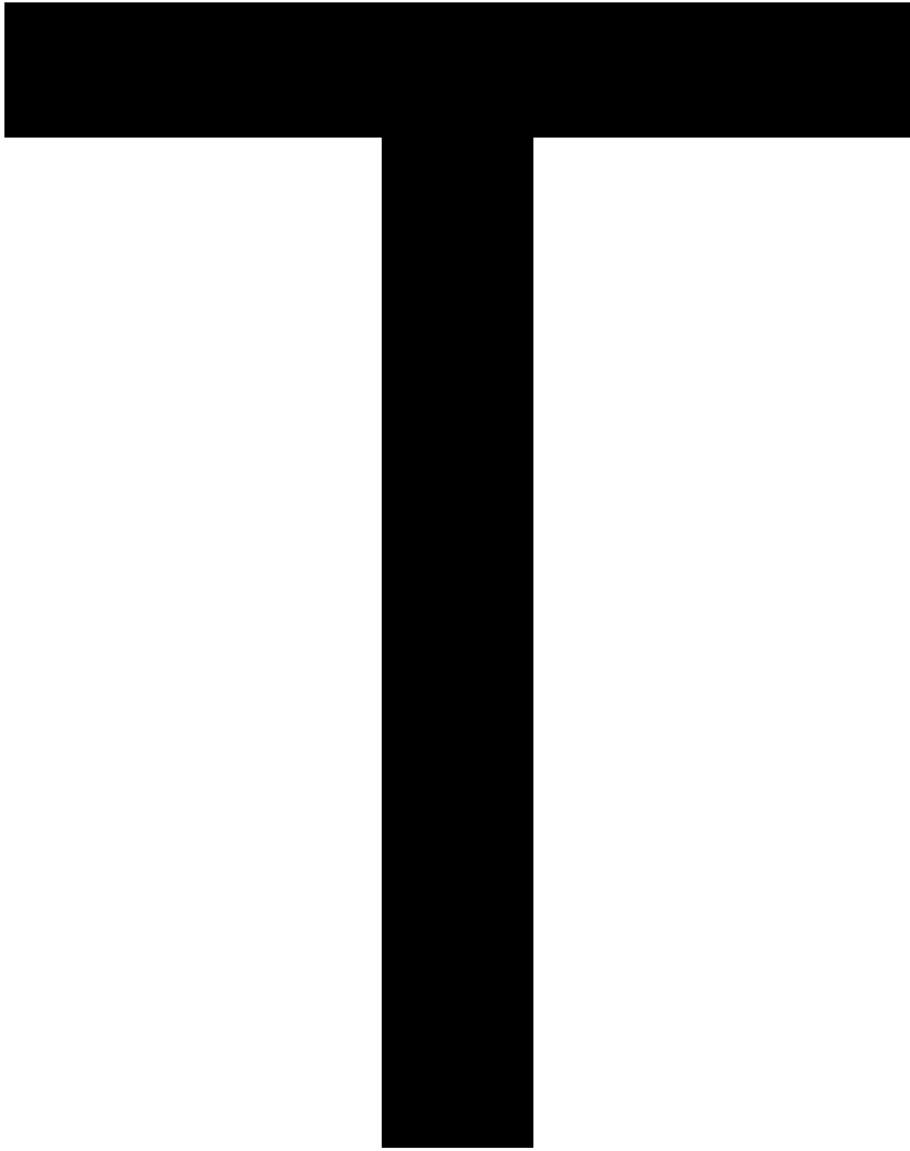


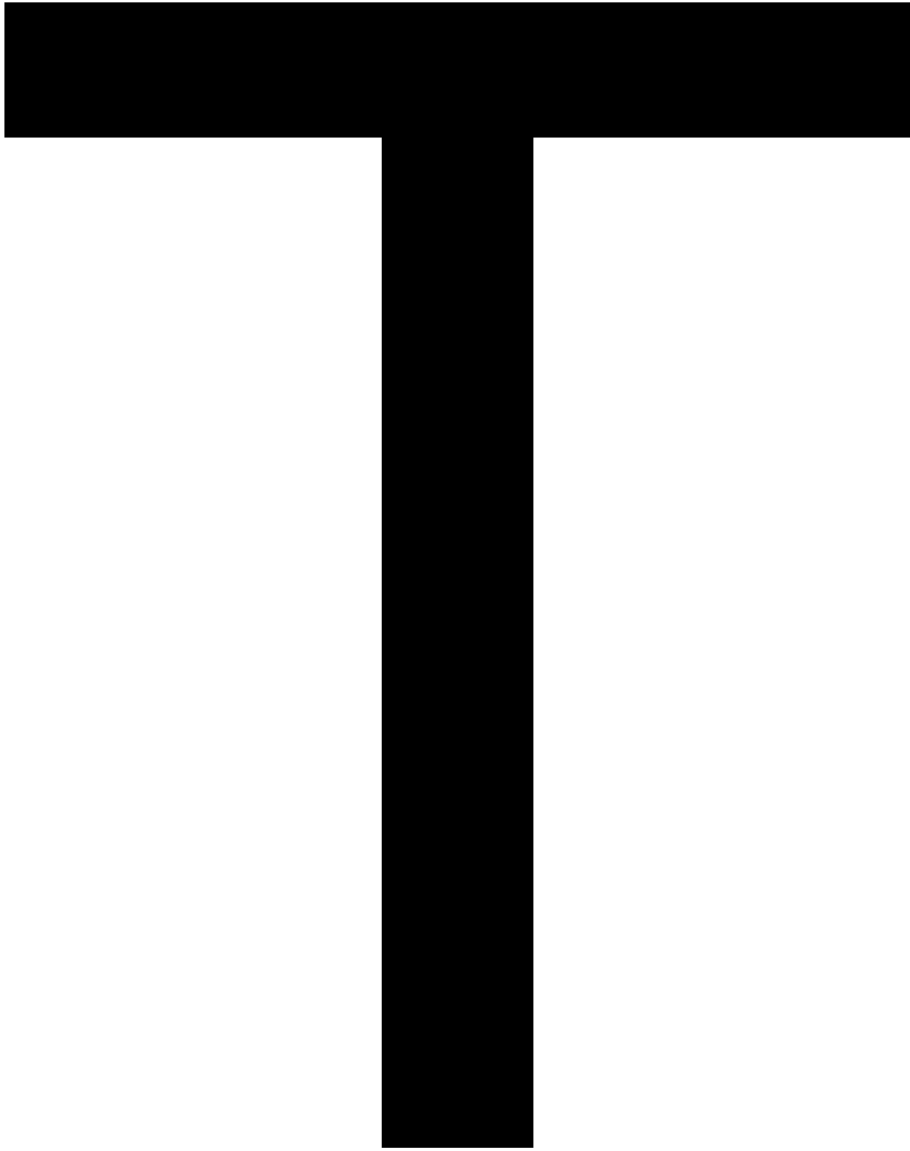


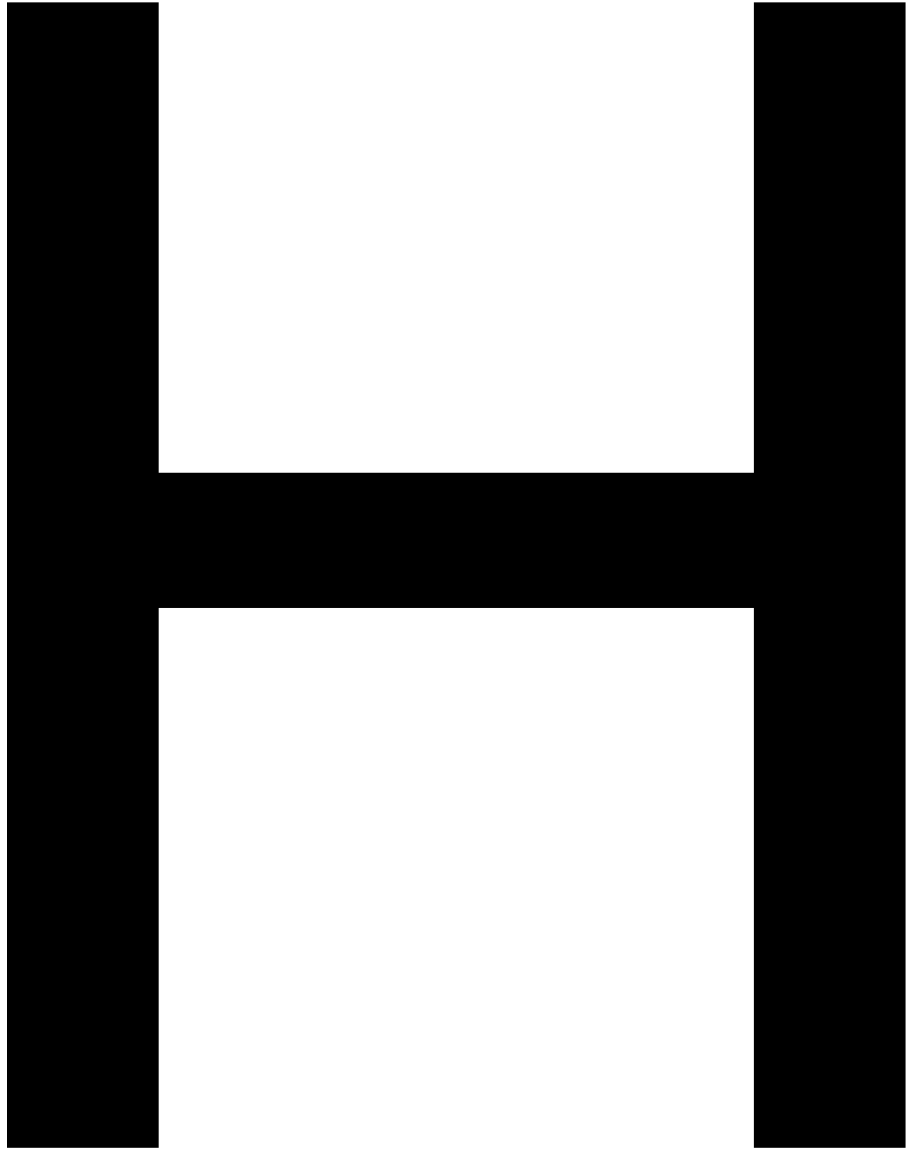


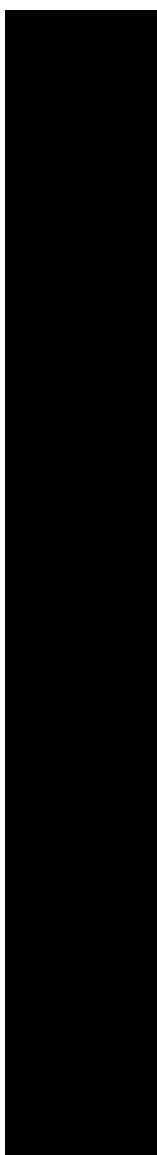
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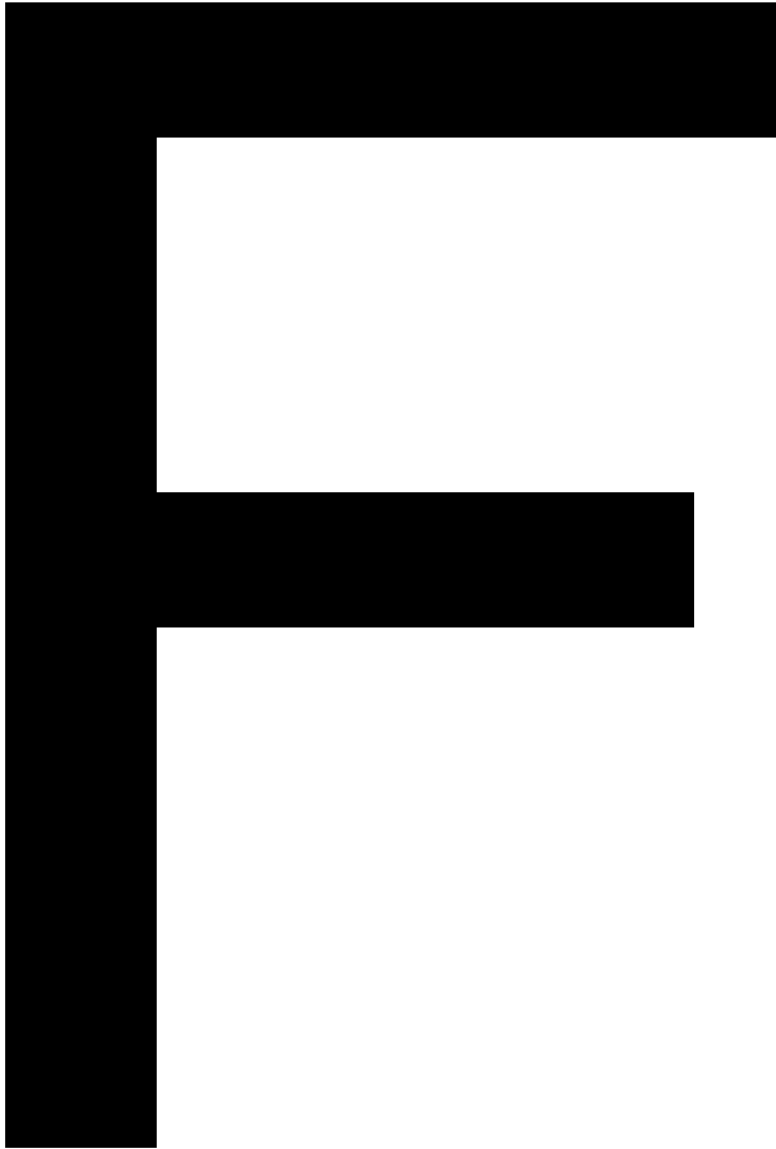








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